ORDERING REPLACEMENT PARTS

To order replacement parts, contact the ICON Fitness Lifestyle Ltd. office, or write:

ICON Fitness Lifestyle Ltd.
Greenwich House
223 North Street
Sheepscar
Leeds LS7 2AA
West Yorkshire

Tel: Country Code:

0345-089009

Fax: 0113-2411120

When ordering parts, please be prepared to give the following information:

- The MODEL NUMBER OF THE PRODUCT (WETL20000)
- The NAME OF THE PRODUCT (WESLO CADENCE® 620 treadmill)
- The SERIAL NUMBER OF THE PRODUCT (see the front cover of this manual)
- The KEY NUMBER OF THE PART(S) (see the PART LIST and the EXPLODED DRAWING attached in the centre of this manual)
- The DESCRIPTION OF THE PART(S) (see the PART LIST and the EXPLODED DRAWING attached in the centre of this manual)

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Part No. 164442 R0800A

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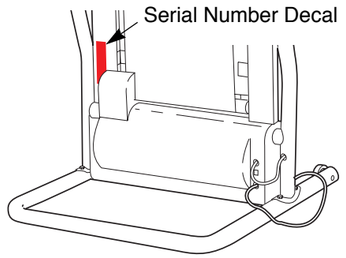
WESLO® cadence 620

USER'S MANUAL

Model No. WETL20000
Serial No. _____



QUESTIONS?

As a manufacturer, we are committed to providing complete customer satisfaction. If you have questions, or if there are missing parts, we will guarantee complete satisfaction through our Customer Service Department.

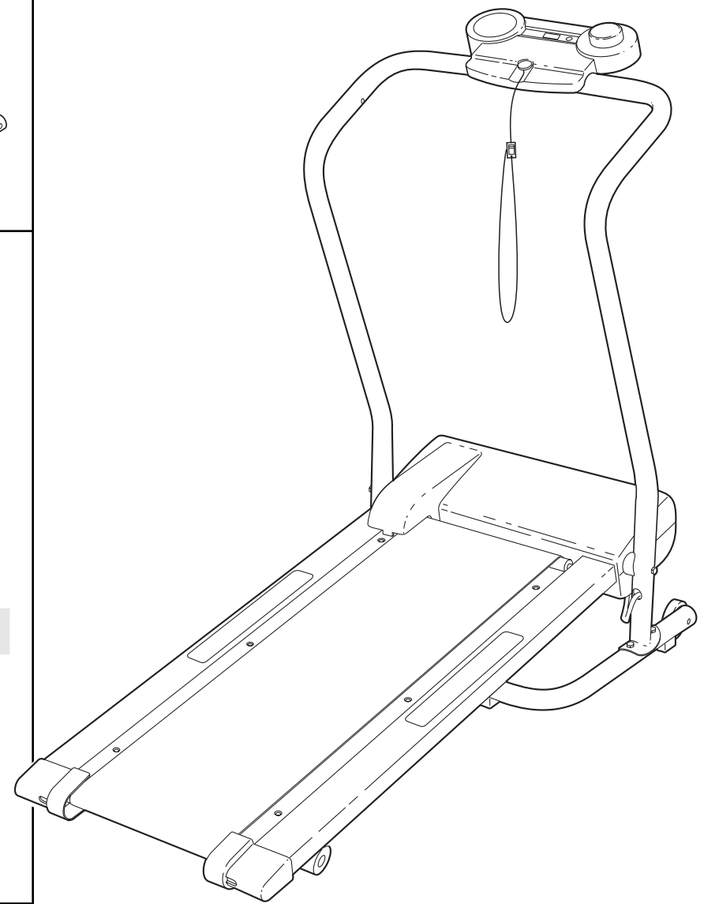
Please CALL:

0345-089009

Or WRITE:
ICON Fitness Lifestyle Ltd.
Greenwich House
223 North Street
Sheepscar
Leeds LS7 2AA
West Yorkshire

⚠ CAUTION

Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference.



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www.weslo.com

new products, prizes, fitness tips, and much more!

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ORDERING REPLACEMENT PARTS . . . . . .Back Cover

Note: An EXPLODED DRAWING and a PART LIST are attached in the centre of this manual.

IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read the following important precautions and information before operating the treadmill.

1. **It is the responsibility of the owner to ensure that all users of this treadmill are adequately informed of all warnings and precautions.**

2. **Use the treadmill only as described in this manual.**

3. **Place the treadmill on a level surface, with 2 meters of clearance behind it. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.**

4. **When choosing a location for the treadmill, make sure that the location and position permit access to a plug.**

5. **Keep the treadmill indoors, away from moisture and dust. Do not put the treadmill in a garage or covered patio, or near water.**

6. **Do not operate the treadmill where aerosol products are used or where oxygen is being administered.**

7. **Keep children under the age of 12 and pets away from the treadmill at all times.**

8. **The treadmill should not be used by persons weighing more than 115 kg. Never allow more than one person on the treadmill at a time.**

9 **Wear appropriate exercise clothing when using the treadmill. Do not wear loose clothing that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals.**

10. **When connecting the power cord (see page 7), plug the power cord into an earthed circuit. When replacing the fuse, an ASTA approved BS1362 type should be fitted to the fuse carrier. A 13 amp fuse should be used. No other appliance should be on the same circuit.**

11. **If an extension cord is needed, use only a 3-conductor, 14 gauge (1mm²) cord that is no longer than 1.5 meters.**

12. **Keep the power cord away from heated surfaces.**

13. **Never move the walking belt whilst the power is turned off. Do not operate the treadmill if the power cord or plug is damaged, or if the treadmill is not working properly. (See BEFORE YOU BEGIN on page 4 if the treadmill is not working properly.)**

14. **Never start the treadmill whilst you are standing on the walking belt. Always hold the handrails whilst using the treadmill.**

15. **The treadmill is capable of high speeds. Adjust the speed in small increments to avoid sudden jumps in speed.**

Training Zone Exercise

After warming up, increase the intensity of your exercise until your pulse is in your training zone for 20 to 60 minutes. (During the first few weeks of your exercise program, do not keep your pulse in your training zone for longer than 20 minutes.) Breathe regularly and deeply as you exercise—never hold your breath.

Cooling Down

Finish each workout with 5 to 10 minutes of stretching to cool down. This will increase the flexibility of your muscles and will help to prevent post-exercise problems.

Exercise Frequency

To maintain or improve your condition, complete three workouts each week, with at least one day of rest between workouts. After a few months, you may complete up to five workouts each week if desired.

The key to success is to make exercise a regular and enjoyable part of your everyday life.

SUGGESTED STRETCHES

The correct form for several basic stretches is shown at the right. Move slowly as you stretch—never bounce.

1. Toe Touch Stretch

Stand with your knees bent slightly and slowly bend forward from your hips. Allow your back and shoulders to relax as you reach down toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Hamstrings, back of knees, and back.

2. Hamstring Stretch

Sit with one leg extended. Bring the sole of the opposite foot toward you and rest it against the inner thigh of your extended leg. Reach toward your toes as far as possible. Hold for 15 counts, then relax. Repeat 3 times for each leg. Stretches: Hamstrings, lower back, and groin.

3. Calf/Achilles Stretch

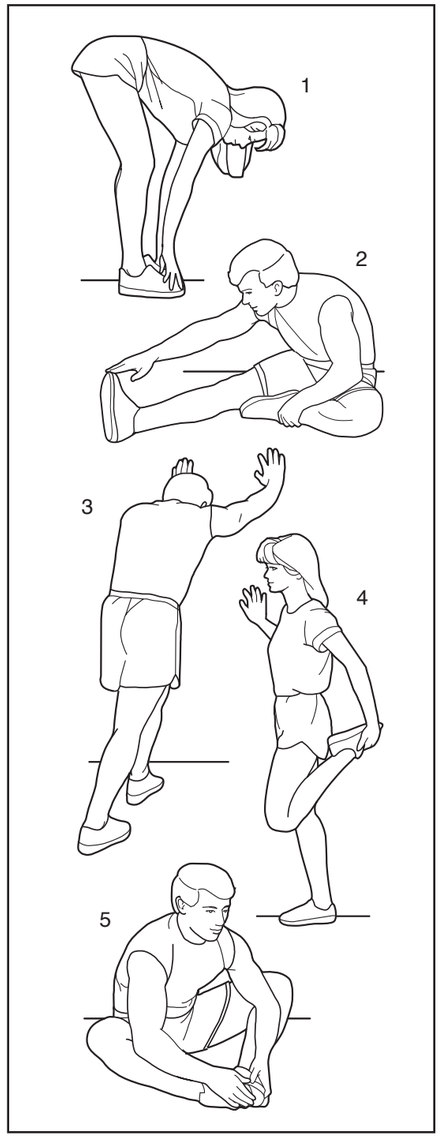
With one leg in front of the other, reach forward and place your hands against a wall. Keep your back leg straight and your back foot flat on the floor. Bend your front leg, lean forward and move your hips toward the wall. Hold for 15 counts, then relax. Repeat 3 times for each leg. To cause further stretching of the achilles tendons, bend your back leg as well. Stretches: Calves, achilles tendons, and ankles.

4. Quadriceps Stretch

With one hand against a wall for balance, reach back and grasp one foot with your other hand. Bring your heel as close to your buttocks as possible. Hold for 15 counts, then relax. Repeat 3 times for both legs. Stretches: Quadriceps and hip muscles.

5. Inner Thigh Stretch

Sit with the soles of your feet together and your knees outward. Pull your feet toward your groin area as far as possible. Hold for 15 counts, then relax. Repeat 3 times. Stretches: Quadriceps and hip muscles.



CONDITIONING GUIDELINES

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for individuals over the age of 35 or individuals with pre-existing health problems.

The following guidelines will help you to plan your exercise program. Remember—these are general guidelines. For more detailed information about exercise, obtain a book or consult your physician.

EXERCISE INTENSITY

Whether your goal is to burn fat or strengthen your cardiovascular system, the key to achieving the desired results is to exercise with the proper intensity. The proper intensity level can be found by using your heart rate as a guide. For effective exercise, your heart rate should be maintained at a level between 70% and 85% of your maximum heart rate as you exercise. This is known as your training zone.

You can find your training zone in the table below. Training zones are listed according to age and physical condition.

Age	Training Zone (Beats/Min.)	
	Unconditioned	Conditioned
20	138-167	133-162
25	136-166	132-160
30	135-164	130-158
35	134-162	129-156
40	132-161	127-155
45	131-159	125-153
50	129-156	124-150
55	127-155	122-149
60	126-153	121-147
65	125-151	119-145
70	123-150	118-144
75	122-147	117-142
80	120-146	115-140
85	118-144	114-139

Burning Fat

To burn fat, you must exercise at a low intensity level for a sustained period of time. During the first few minutes of exercise, your body uses easily accessible carbohydrate calories for energy. Only after the first few minutes of exercise does your body begin to use stored fat calories for energy. If your goal is to burn fat, adjust the intensity of your exercise until your heart rate is near the low end of your training zone as you exercise.

Aerobic Exercise

If your goal is to strengthen your cardiovascular system, your exercise must be "aerobic." Aerobic exercise is activity that requires large amounts of oxygen for prolonged periods of time. This increases the demand on the heart to pump blood to the muscles, and on the lungs to oxygenate the blood. For aerobic exercise, adjust the intensity of your exercise until your heart rate is near the middle of your training zone.

HOW TO MEASURE YOUR HEART RATE

To measure your heart rate, place two fingers on your wrist as shown. Stop exercising and take a six-second heartbeat count. Multiply the result by ten to find your heart rate. (A six-second count is used because your heart rate drops quickly when you stop exercising.) If your heart rate is too high, decrease the intensity of your exercise. If your heart rate is too low, increase the intensity of your exercise.

WORKOUT GUIDELINES

Each workout should include three basic parts: (1) a warm-up, (2) training zone exercise, and (3) a cool-down.

Warming Up

Warming up prepares the body for exercise by increasing circulation, delivering more oxygen to the muscles and raising the body temperature. Begin each workout with 5 to 10 minutes of stretching and light exercise to warm up (see SUGGESTED STRETCHES on page 15).

16. **Never leave the treadmill unattended whilst it is running. Always remove the key and unplug the power cord when the treadmill is not in use.**

17. **Do not attempt to raise, lower, or move the treadmill until it is properly assembled. (See ASSEMBLY on page 5, and HOW TO MOVE THE TREADMILL on page 11.) You must be able to safely lift 45 pounds (20 kg) in order to raise, lower, or move the treadmill.**

18. **Do not change the incline of the treadmill by placing objects under the treadmill.**

19. **When folding or moving the treadmill, make sure that the storage latch is fully closed.**

20. **Inspect and tighten all parts of the treadmill regularly.**

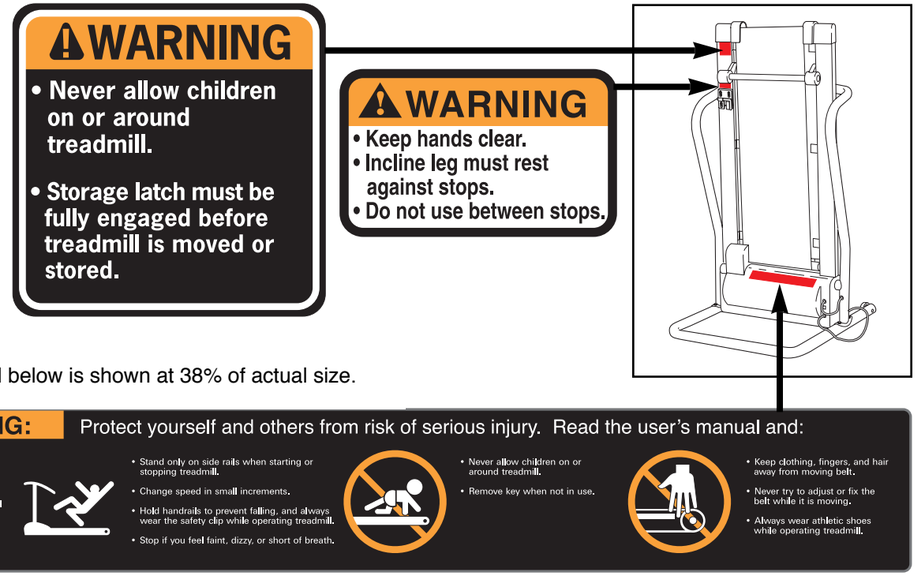
21. **Never drop or insert any object into any opening.**

22. **DANGER: Always unplug the power cord immediately after use, before cleaning the treadmill, and before performing the maintenance and adjustment procedures described in this manual. Never remove the motor hood unless instructed to do so by an authorised service representative. Servicing other than the procedures in this manual should be performed by an authorised service representative only.**

23. **This treadmill is intended for in-home use only. Do not use this treadmill in any commercial, rental, or institutional setting.**

SAVE THESE INSTRUCTIONS

The decals shown below have been placed on your treadmill in the indicated location. If a decal is missing, or if it is not legible, please call our Customer Service Department to order a free replacement decal (see ORDERING REPLACEMENT PARTS on the back cover of this manual). Apply the decal in the location shown.


WARNING
• Never allow children on or around treadmill.
• Storage latch must be fully engaged before treadmill is moved or stored.
WARNING
• Keep hands clear.
• Incline leg must rest against stops.
• Do not use between stops.
WARNING:
Protect yourself and others from risk of serious injury. Read the user's manual and:
• Fully engage storage latch before treadmill is moved or stored.
• Reduce incline to lowest level before folding treadmill into storage position.
• Stand only on side rails when starting or stopping treadmill.
• Change speed in small increments.
• Hold handrails to prevent falling, and always wear the safety clip while operating treadmill.
• Stop if you feel faint, dizzy, or short of breath.
• Never allow children on or around treadmill.
• Remove key when not in use.
• Keep clothing, fingers, and hair away from moving belt.
• Never try to adjust or fix the belt while it is moving.
• Always wear athletic shoes while operating treadmill.

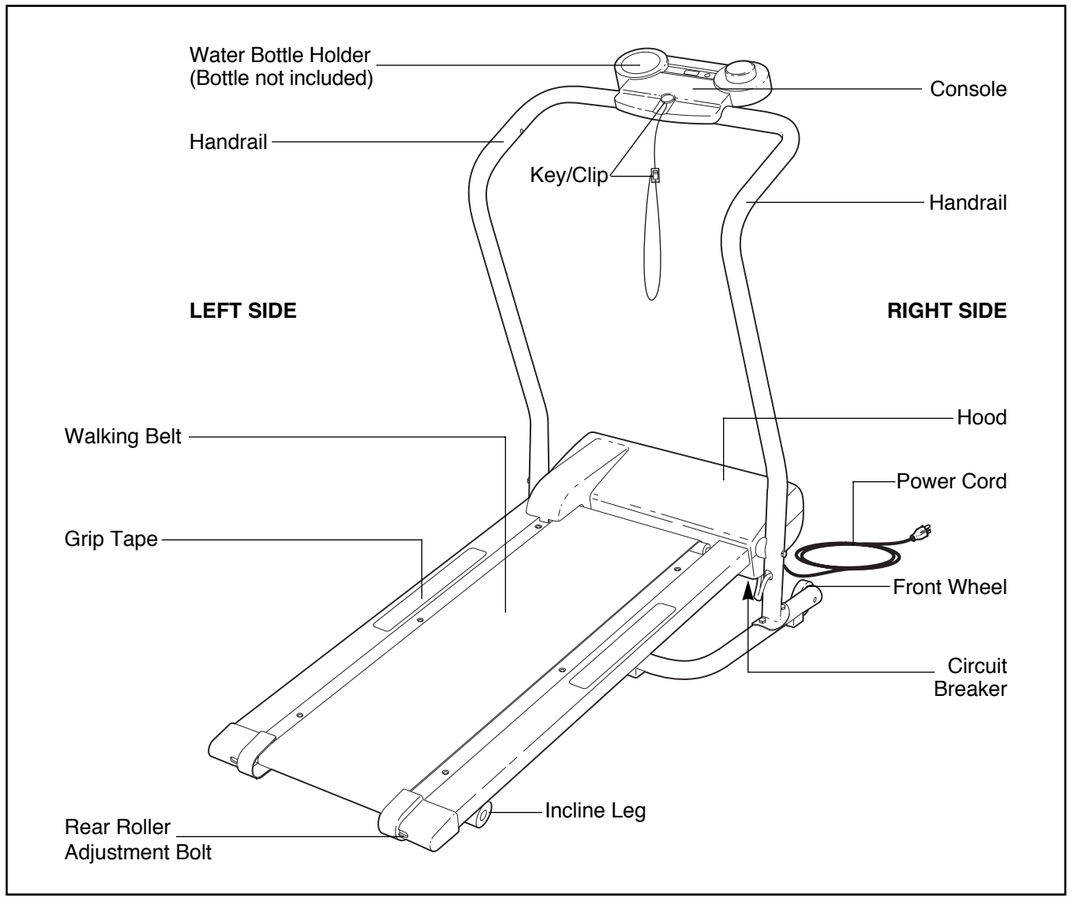
Note: The decal below is shown at 38% of actual size.

BEFORE YOU BEGIN

Thank you for selecting the WESLO® CADENCE 620 treadmill. The CADENCE 620 treadmill combines advanced technology with innovative design to let you enjoy an excellent form of cardiovascular exercise in the convenience and privacy of your home. And when you're not exercising, the unique CADENCE 620 can be folded up, requiring less than half the floor space of other treadmills.

For your benefit, read this manual carefully before using the treadmill. If you have additional questions, please call our Customer Service Department at **0345-089009**. To help us assist you, please note the product model number and serial number before calling. The model number of the treadmill is WETL20000. The serial number can be found on a decal attached to the treadmill (see the front cover of this manual for the location).

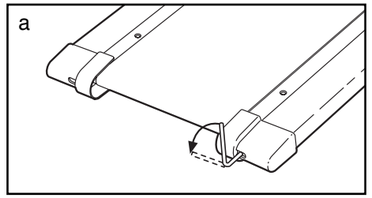
Before reading further, please look at the drawing below and familiarise yourself with the parts that are labelled.



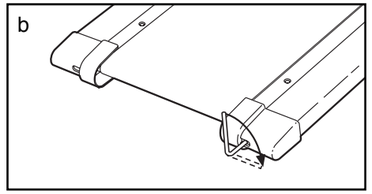
⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

PROBLEM: The walking belt is off-centre

SOLUTION: a. If the walking belt has shifted to the left, first remove the key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn the right adjustment bolt counterclockwise 1/4 of a turn. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is centred.



b. If the walking belt has shifted to the right, first remove the key and **UNPLUG THE POWER CORD**. Using the allen wrench, turn the right adjustment bolt clockwise 1/4 of a turn. Plug in the power cord, insert the key and run the treadmill for a few minutes. Repeat until the walking belt is centred.



MAINTENANCE AND TROUBLE-SHOOTING

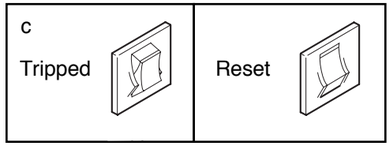
Most treadmill problems can be solved by following the steps below. Find the symptom that applies, and follow the steps listed. If further assistance is needed, please call our Customer Service Department.

PROBLEM: The power does not turn on

SOLUTION: a. Make sure that the power cord is plugged into a properly earthed outlet. (See HOW TO PLUG IN THE POWER CORD on page 7.) If an extension cord is needed, use only a 3-conductor, 14-gauge (1mm²) cord that is no longer than 1.5 meters.

b. After the power cord has been plugged in, make sure that the key is fully inserted into the console.

c. Check the circuit breaker located on the treadmill near the power cord. If the switch protrudes as shown, the circuit breaker has tripped. To reset the circuit breaker, wait for five minutes and then press the switch back in.



PROBLEM: The power turns off during use

SOLUTION: a. Check the circuit breaker located on the treadmill frame near the power cord (see 1. c. above). If the circuit breaker has tripped, wait for five minutes and then press the switch back in.

b. Make sure that the power cord is plugged in.

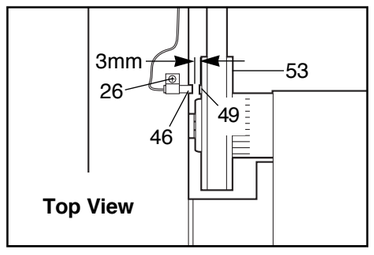
c. Remove the key from the console. Reinsert the key fully into the console.

d. If the treadmill still will not run, please call our Customer Service Department.

PROBLEM: The displays of the console do not function properly

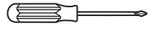
SOLUTION: a. Check the batteries in the console. See assembly step 7 on page 6. Most problems are the result of drained batteries.

b. Remove the key from the console and **UNPLUG THE POWER CORD.** Remove the screws from the hood. Carefully remove the hood. Locate the Reed Switch (46) and the Magnet (49) on the left side of the Pulley (53). Turn the Pulley until the Magnet is aligned with the Reed Switch. **Make sure that the gap between the Magnet and the Reed Switch is about 3mm.** If necessary, loosen the Screw (26) and move the Reed Switch slightly. Retighten the Screw. Re-attach the hood, and run the treadmill for a few minutes to check for a correct speed reading.



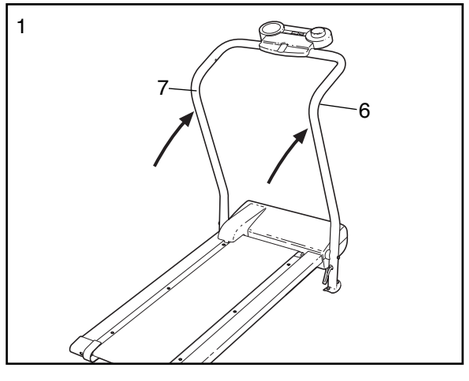
ASSEMBLY

Assembly requires two persons. Set the treadmill in a cleared area and remove all packing materials; **do not dispose of the packing materials until assembly is completed.** Note: The underside of the treadmill walking belt is coated with high-performance lubricant. During shipping, a small amount of lubricant may be transferred to the top of the walking belt or the shipping carton. This does not affect treadmill performance. If there is lubricant on top of the walking belt, simply wipe off the lubricant with a soft cloth and a mild, non-abrasive cleaner.

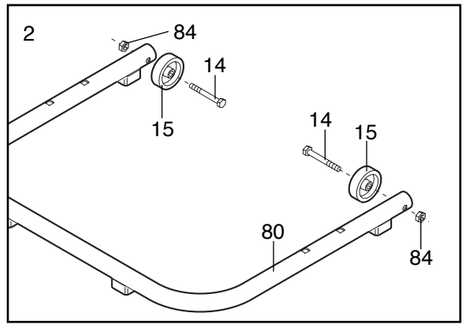
Assembly requires the included allen wrench **and your own phillips screwdriver**  **, two adjustable spanners** **and a 9/16 socket spanner** **.**

If further assistance is needed, please call our Customer Service Department at 0345-089009.

1. With the help of a second person, carefully raise the Right and Left Handrails (6, 7) to the position shown.



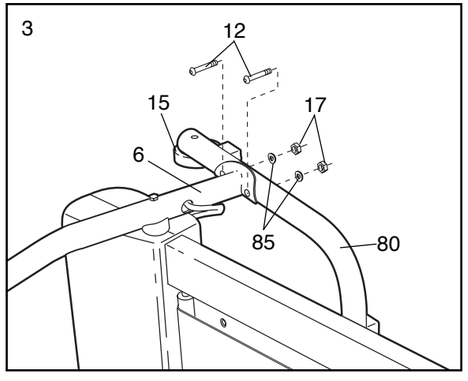
2. Using two adjustable wrenches, attach the Wheels (15) to the Base (80) with the two Wheel Bolts (14) and the two Wheel Nuts (84) as shown. **Do not overtighten the Wheel Bolts; the Wheels should spin freely.**



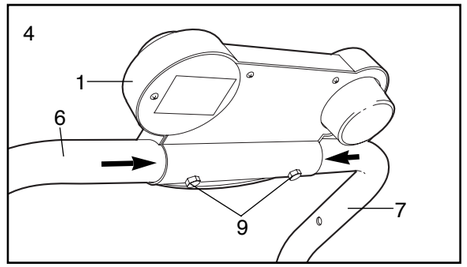
3. With the help of a second person, carefully tip the treadmill onto its left side. Hold the Base (80) against the Right Handrail (6) and the Left Handrail (not shown). **Make sure the Wheels (15) are toward the front of the treadmill as shown.**

   Using a 9/16 socket spanner, attach the Base (80) to the Right Handrail (6) with two Handrail Bolts (12), two Handrail Washers (85), and two Handrail Nuts (17). **Do not tighten the Handrail Bolts yet.** Attach the Base to the Left Handrail (not shown) with two Handrail Bolts (12), two Handrail Washers (85), and two Handrail Nuts (17). Then, tighten all four Handrail Bolts (12).

   Tip the treadmill back to the position shown in step 1.

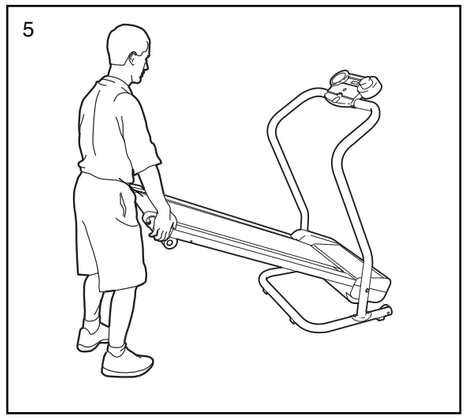


4. Loosen the two Console Bolts (9) underneath the Console (1). Rotate the Console to the position shown. Push the Right and Left Handrails (6, 7) inward as you tighten the two Console Bolts.



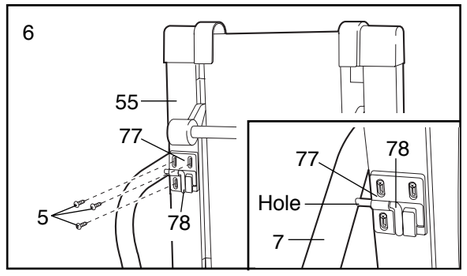
5. **Note: You must be able to safely lift 45 pounds (20 kg) in order to do this step.**

   Hold the treadmill with your hands in the locations shown. **Caution: To decrease the possibility of injury, bend your legs and keep your back straight. As you raise the treadmill, make sure to lift with your legs rather than your back.** Raise the treadmill to the vertical position.

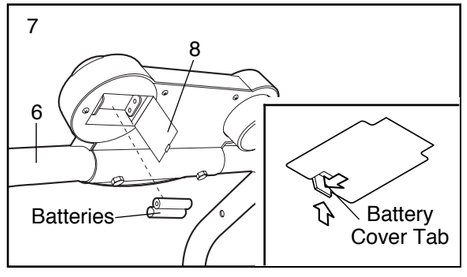


6. Make sure that the Latch Pin (78) is placed in the Storage Latch (77) as shown.

   Attach the Storage Latch (77) to the Frame (55) with the three Screws (5). **Do not fully tighten the Screws yet.** Position the Latch so that the Latch Pin (78) is aligned with the hole in the Left Handrail (7). Slide the Latch Pin into the hole as shown in the inset drawing. Then, tighten the three Screws.



7. The console requires two 1,5V batteries (included). Alkaline batteries are recommended. To install batteries, first **touch the Handrail (6) to discharge any static.** Next, open the Battery Cover (8). Press the batteries into the battery compartment, with the negative (–) ends of the batteries touching the springs. Close the battery cover, push up on the tab, and then push the tab forward as shown in the inset drawing. Be sure that the tab locks into place.



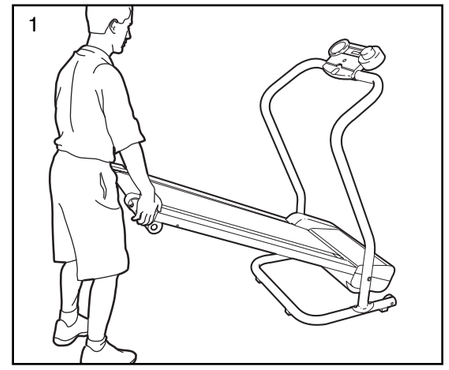
8. **Make sure that all parts are tightened before you use the treadmill.** Keep the included allen wrench in a secure place. The allen wrench is used to adjust the walking belt (see page 13). To protect the floor or carpet, place a mat under the treadmill.

HOW TO FOLD AND MOVE THE TREADMILL

HOW TO FOLD THE TREADMILL FOR STORAGE

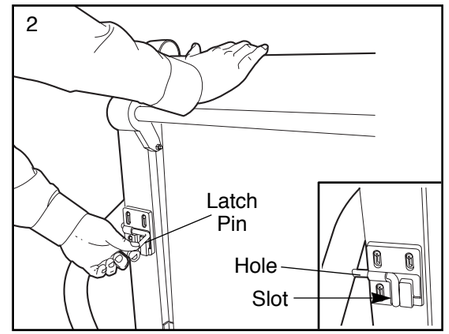
Unplug the power cord. Caution: You must be able to safely lift 20 kg in order to raise, lower, or move the treadmill.

1. Hold the treadmill with your hands in the locations shown at the right. **Caution: To decrease the possibility of injury, bend your legs and keep your back straight. As you raise the treadmill, make sure to lift with your legs rather than your back.** Raise the treadmill about halfway to the vertical position.



2. Move your right hand to the position shown and hold the treadmill firmly. Raise the treadmill until the latch pin is aligned with the hole in the handrail. Slide the latch pin into the hole. **Make sure that the latch pin is inserted as far as possible into the hole.** Lock the pin by pressing the end of the pin into the slot in the storage latch as shown in the inset drawing.

   To protect the floor or carpet from damage, place a mat under the treadmill. Keep the treadmill out of direct sunlight. Do not leave the treadmill in the storage position in temperatures above 30° Celsius.



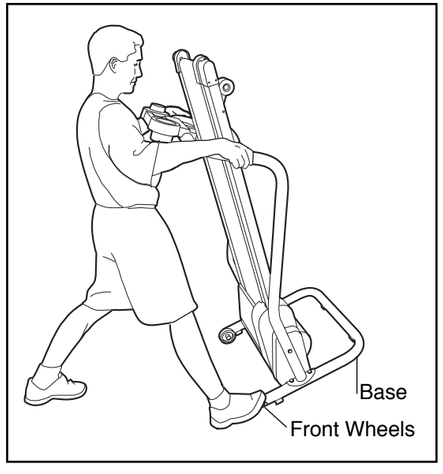
HOW TO MOVE THE TREADMILL

Before moving the treadmill, convert the treadmill to the storage position. **Make sure that the latch pin is fully inserted into the hole in the handrail and locked into place.**

1. Hold the handrails and place one foot on the base as shown.

2. Tilt the treadmill back until it rolls freely on the front wheels. Carefully move the treadmill to the desired location. **Never move the treadmill without tipping it back. To reduce the risk of injury, use extreme caution while moving the treadmill. Do not attempt to move the treadmill over an uneven surface.**

3. Place one foot on the base, and carefully lower the treadmill until it is resting in the storage position.



HOW TO LOWER THE TREADMILL FOR USE

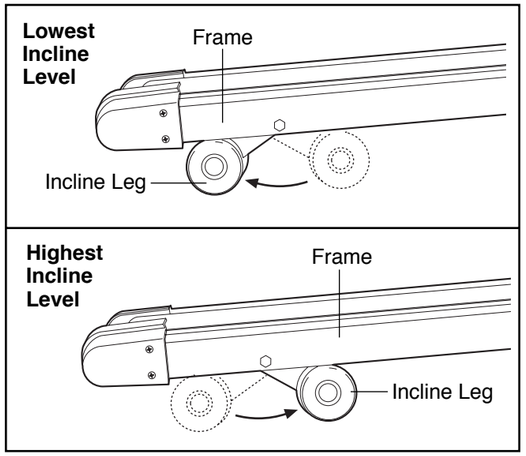
1. Refer to drawing 2 above. Hold the treadmill with your right hand as shown. Using your left hand, slide the latch pin to the right. Lock the pin in place by pressing the end of the pin into the slot in the storage latch as shown in the inset drawing.

2. Refer to drawing 1 above. Hold the treadmill firmly with both hands, and lower the treadmill to the floor. **To decrease the possibility of injury, bend your legs and keep your back straight.**

HOW TO CHANGE THE INCLINE OF THE TREADMILL

To vary the intensity of your exercise, the incline of the treadmill can be changed. There are two incline levels. **Before changing the incline, remove the key and unplug the power cord.**

To change the incline, raise the back of the treadmill and rotate the incline leg until it rests against the treadmill frame as shown below. **CAUTION: Before using the treadmill, make sure that the frame is resting on the incline leg.**



OPERATION AND ADJUSTMENT

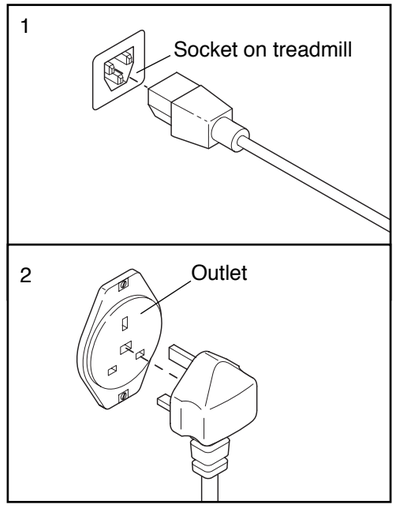
THE PERFORMANT LUBE™ WALKING BELT

Your treadmill features a walking belt coated with PERFORMANT LUBE™, a high-performance lubricant. **IMPORTANT: Never apply silicone spray or other substances to the walking belt or the walking platform. Such substances will deteriorate the walking belt and cause excessive wear.**

HOW TO PLUG IN THE POWER CORD

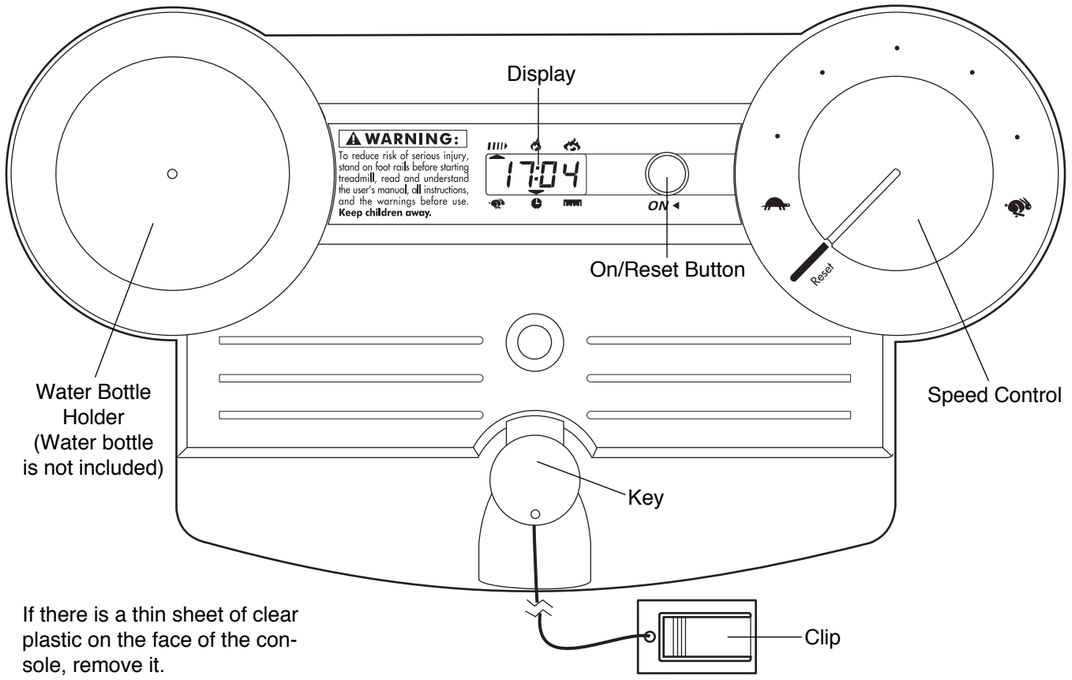
This product must be earthed. If it should malfunction or break down, earthing provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-earthing conductor and an earthing plug.

Two power cords are included. Select the one that will fit your outlet. Refer to drawing 1, and plug the indicated end of the power cord into the socket on the treadmill. Refer to drawing 2. Plug the power cord into an appropriate outlet that is properly installed and earthed in accordance with all local codes and ordinances. Note: In Italy, an adaptor (not included) must be used between the power cord and the outlet. Important: The treadmill is not compatible with GFCI-equipped outlets.



⚠DANGER: Improper connection of the equipment-earthing conductor can result in an increased risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly earthed. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

DIAGRAM OF THE CONSOLE


Display
WARNING:
To reduce risk of serious injury, stand on foot rails before starting treadmill, read and understand the user's manual, all instructions, and the warnings before use.
Keep children away.
17:04
ON
On/Reset Button
Reset
Speed Control
Water Bottle Holder (Water bottle is not included)
Key
Clip

If there is a thin sheet of clear plastic on the face of the console, remove it.

⚠ CAUTION: Before operating the console, read the following precautions.

- **Do not stand on the walking belt when turning on the power.**
- **Always wear the clip (see the drawing above) while operating the treadmill. When the key is removed from the console, the walking belt will stop.**
- **Adjust the speed in small increments.**
- **To reduce the possibility of electric shock, keep the console dry. Avoid spilling liquids on the console and use only a sealable water bottle.**

STEP-BY-STEP CONSOLE OPERATION

Before the console can be operated, two 1,5-volt batteries must be installed (see assembly step 7 on page 6).

Next, make sure that the power cord is properly plugged in (see HOW TO PLUG IN THE POWER CORD on page 7).

Step onto the grip tape on the treadmill. Find the clip attached to the key (see the drawing above), and slide the clip onto the waistband of your clothing. **Test the clip by carefully taking a few steps backward until the key is pulled from the console. If the key is not pulled from the console, adjust the position of the clip as necessary.**

Follow the instructions on page 8 and the steps below to operate the console.

1 Insert the key fully into the power switch.

Note: Inserting the key will not turn on the display. The display will turn on when the On/Reset button is pressed or when the walking belt is started. (If you just installed batteries, the display will already be on.)

2 Reset the console and start the walking belt.

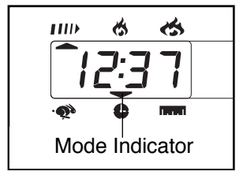
Turn the speed control to the Reset position. **Note: Each time the walking belt is stopped, the speed control must be turned to the Reset position before the walking belt can be restarted.**

Next, slowly turn the speed control until the walking belt begins to move at slow speed. Carefully step onto the walking belt and begin exercising. Change the speed of the walking belt as desired by turning the speed control.

To stop the walking belt, step onto the foot rails and turn the speed control to the Reset position.

3 Follow your progress with the console display.

When the power is turned on, the console will automatically scan through five modes. A flashing mode indicator will show which mode is currently displayed. The modes are described below.



- Speed—This mode shows your speed, in kilometres per hour or miles per hour.
- Time—This mode shows the elapsed time. Note: If you stop exercising for ten seconds or longer, the time mode will pause.
- Distance—This mode shows the total number of kilometres or miles you have walked or run.
- Fat Calories—This mode shows the approximate number of fat calories you have burned. (See BURNING FAT on page 14.)
- Calories—This mode shows the approximate number of calories you have burned.

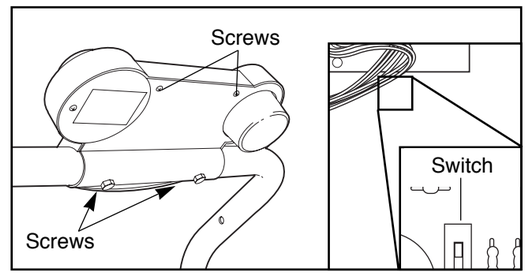
If desired, reset the display by pressing the On/Reset button.

4 When you are finished exercising, stop the walking belt and remove the key.

Step onto the grip tape, turn the speed control to the Reset position, and remove the key from the console. The display will turn off about six minutes after the key is removed. **Note: The display will automatically turn off any time the walking belt is stopped and the On/Reset button is not pressed for six minutes.**

HOW TO SELECT KILOMETRES AND MILES

The console can display distance and speed in either kilometres or miles. To change the unit of measurement, first **UNPLUG THE POWER CORD.** Next, remove the four screws attaching the console to the console plate. Lift the console a few inches, being careful not to pull on the wires, and turn the console over. Locate the small switch on the back of the console. Move the switch upward or downward to select kilometres or miles. Re-attach the console to the console plate. **After changing the unit of measurement, remove one of the batteries from the console for about five seconds and then reinsert it. This will reset the console.**



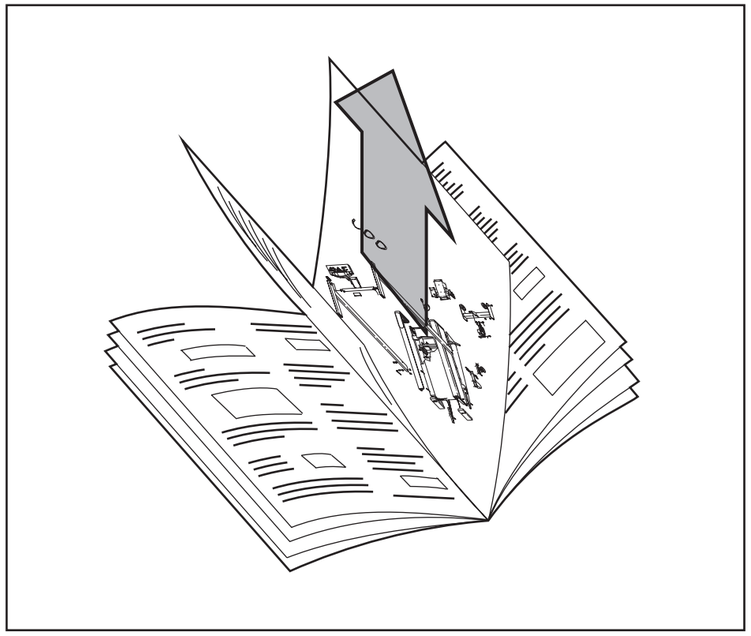
PART LIST—Model No. WETL20000

R0800A

Key No.	Qty.	Description
1	1	Console
2	1	Speed Control
3	1	Key/Clip
4	1	Console Plate
5	12	Screw
6	1	Right Handrail
7	1	Left Handrail
8	1	Battery Cover
9	3	Console Bolt
10	2	Frame Pivot Bolt
11	4	Washer
12	4	Handrail Bolt
13	2	Frame Spacer
14	2	Wheel Bolt
15	2	Wheel
16	2	Base Cap
17	5	Handrail Nut
18	1	Handrail Grommet
19	4	Base Pad
20	1	Choke
21	1	Incline Warning Decal
22	1	Wire Harness
23	1	Hood
24	8	Hood Screw
25	1	Belly Pan
26	18	Small Screw
27	2	Belt Guide
28	2	Roller Spacer
29	2	Hood Anchor
30	3	Nylon Washer
31	2	Hood Bracket
32	1	Controller Bracket
33	3	Tie Holder
34	4	Plastic Stand-off
35	1	Controller
36	1	Motor Bolt
37	1	Fan
38	1	Motor Tension Nut
39	1	Star Washer
40	1	Motor Tension Washer
41	7	Wire Tie Screw
42	5	Motor Nut/Frame Pivot Nut
43*	1	Motor Assembly
44	1	Pulley/Flywheel
45	1	Motor
46	1	Reed Switch
47	4	Wire Tie Clamp
48	1	Reed Switch Clip
49	1	Magnet
50	1	Belt
51	1	Right Roller Adj. Bolt
52	6	Platform Screw
53	1	Front Roller/Pulley
54	2	Grip Tape
55	1	Frame
56	1	Walking Belt
57	1	Walking Platform
58	2	Incline Leg Bolt
59	1	Ground Screw
60	1	Ground Wire
61	8	8” Cable Tie
62	4	4” Cable Tie
63	2	Incline Leg
64	2	1 1/2” x 3” Plate
65	1	Incline Leg Crossbar
66	2	Roller Adj. Washer
67	2	Frame Endcap
68	1	Motor Pivot Bushing
69	1	Roller Tension Bolt
70	1	Roller Tension Nut
71	1	Roller Tension Spring
72	1	Rear Roller
73	1	Releasable Wire Tie
74	1	Allen Wrench
75	1	Latch Warning Decal
76	1	Receptacle
77	1	Storage Latch
78	1	Latch Pin
79	2	Cage Nut
80	1	Base
81	1	Power Cord Set
82	1	Circuit Breaker
83	1	Filter
84	1	Wheel Nut
85	4	Handrail Washer
#	1	8” White Wire, 2/Female
#	1	4” Black Wire, Male/Flag
#	1	4” Black Wire, 2F
#	1	4” Black Wire, 2M
#	1	4” Green Wire, Ring/Flag
#	1	8” Green Wire, Ring/Flag
#	1	4” Blue Wire, Male/Flag
#	1	8” Black Wire, 2 Flag
#	1	User’s Manual

* Includes all parts shown in the box
\# These parts are not illustrated

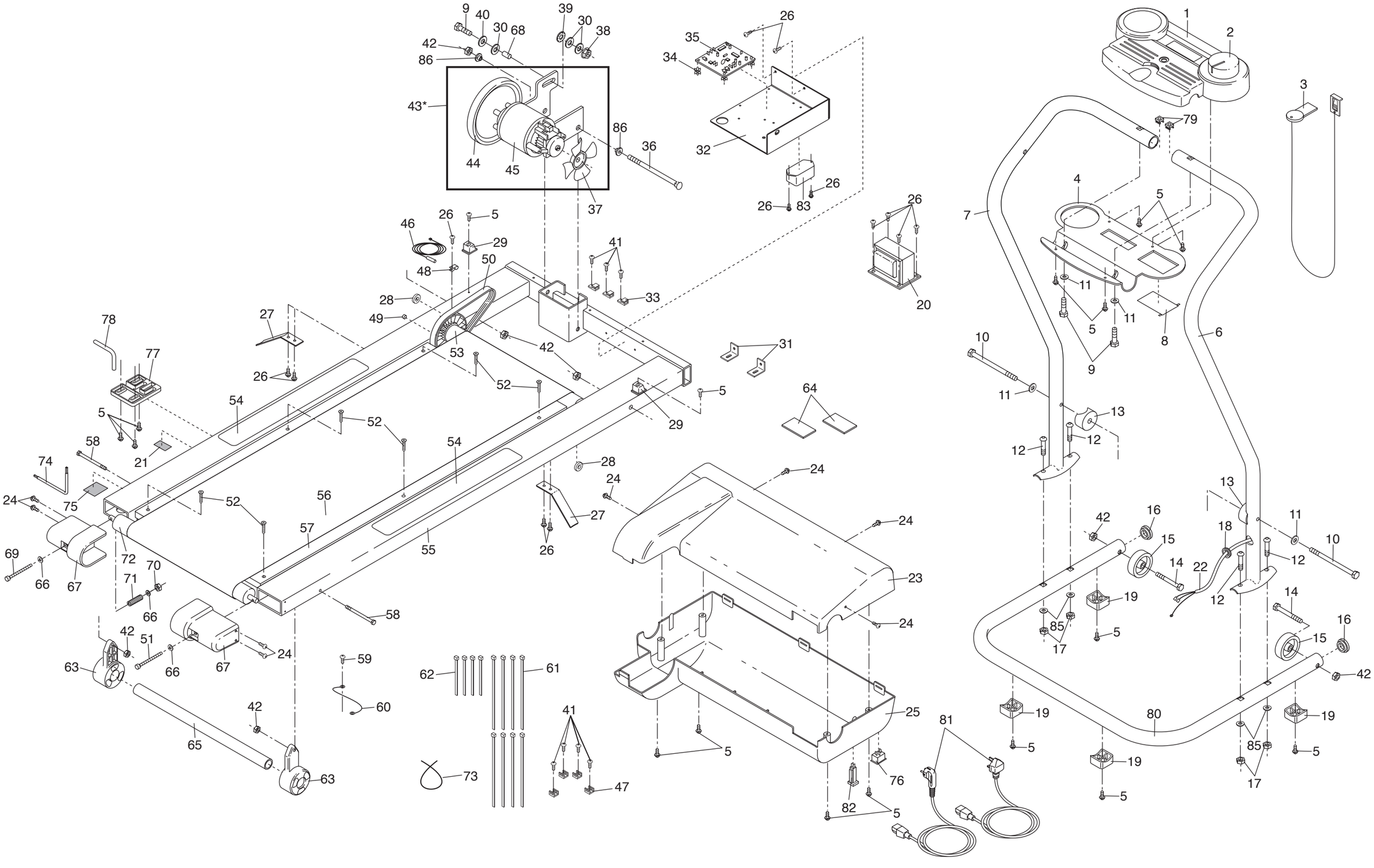
REMOVE THIS EXPLODED DRAWING AND PART LIST FROM THE MANUAL. Save this page for future reference.

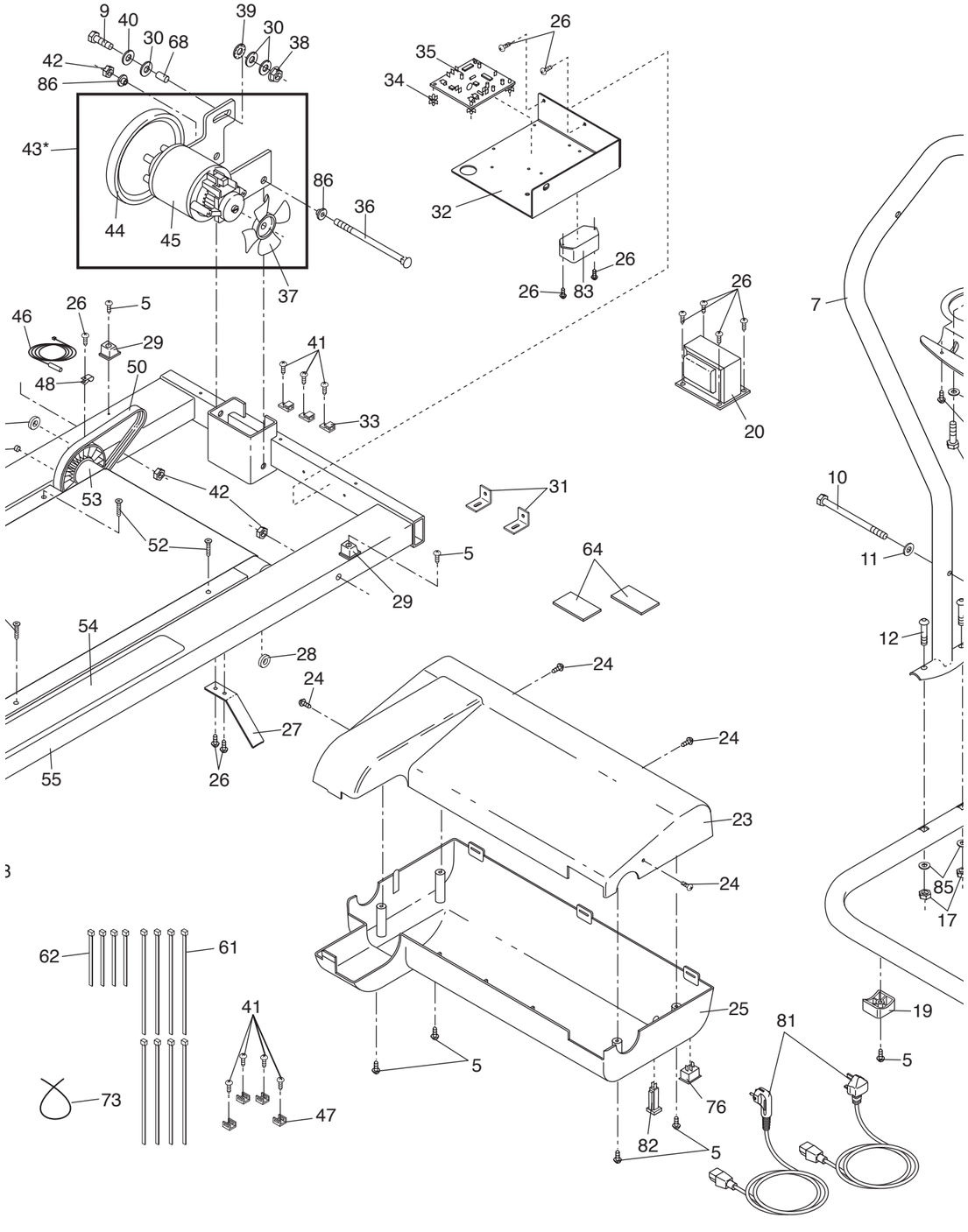


Note: Specifications are subject to change without notice. For information about ordering replacement parts, see the back cover of the User’s Manual.

EXPLODED DRAWING—Model No. WETL20000

R0800A

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